

CAMPUS STEWARD REPORT – SHIRLEY WENDLAND

October 6, 2021

Greetings CUPE 2081 Members,

I'm honoured to be writing this report from the traditional territories of the Lekwungen (Esquimalt & Songhees) and <u>WSÁNEĆ (Pauquachin, Tsartlip, Tsawout, Tseycum) peoples</u>. I hope this report finds you well and hope the transition back to 'work on campus' has been as smooth as it can be for those who have been working remotely for the past 18 months. For those who have been working on campus, I'm sure there is an adjustment for you too with the large number of people now back on campus. The transition will be different for each of us, some will welcome the return to campus and others will be anxious about returning and being around large numbers of people. Since I returned to 'work on campus' in late August, it has been an adjustment, being in close proximity to so many people, wearing masks indoors throughout the workday, washing hands frequently and sanitizing shared workstations and equipment throughout the workday. Working remotely gave many of us an opportunity to strike a better work-life balance, while still providing excellent service to students and faculty.

Over the past few months I've provided guidance on how to file a WorkSafeBC claim; sharing information on resources available for Mental Health support; engaging with members about their return to work experience and supporting them by sharing resources that may be helpful for their situation; handing out CUPE 2081 masks and engaging with members on the Interurban Campus. None of this feels 'normal'. If you are struggling and need someone to talk to, please reach out to Homewood Health through the Employee Family Assistance Program, who offer 24/7 Mental Health Support under our Extended Health Plan. Please know you are not alone...we are in this together.

In solidarity,

Shirley Wendland | Campus Steward, CUPE Local 2081

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